

CAPE TOWN AQUATICS

2026-27

COMPETITION RULES &
INFORMATION



LAST UPDATED : JUNE 2026 V1

QUALIFYING MEETS (LEVEL 2 & UP)

MEET WILL BE SWUM	= Timed finals, slow to fast
NO TIMES	= Allowed
CUSTOM TIMES	= NOT Allowed
ELIGIBILITY	= Level 2+
PROGRAM USED	= SANJ

- 1 Swimmers who are **fully registered** and have Level 2 and up QTs on the WCA database may compete at this meet.
- 2 Swimmers **9 years and under** may choose to participate at QUALIFYING MEETS OR JUNIOR SERIES MEETS.
- 3 Events for Para swimmers – Any Para swimmer may compete at the CTA QUALIFYING MEETS.
- 4 Swimmers will compete in the age group they fall under on the first day of the gala.
- 5 Times from **May 2025** that are on the database may be used.
- 6 **WATERPOLO PLAYERS** - 16 & Over may also compete but must be registered on the WCA database.
- 7 **MASTERS SWIMMERS** - may compete, they will swim as they are seeded according to their times.
- 8 Depending on the number of entries received, sessions may be combined.
- 9 WITHDRAWALS
 - Should a swimmer scratch from any event due to illness but can swim the next events must provide the admin referee with a medical certificate for the scratched event.
 - All scratchings are to be done using the provided Google link. Officials cannot be scratched on the link replacement must be given by his/her club.
 - Only coaches and team managers are allowed at the table.

CTA JUNIOR SERIES (LEVEL 1 SWIMMERS)

MEET WILL BE SWUM	= Timed finals, slow to fast
NO TIMES	= Allowed
CUSTOM TIMES	= NOT Allowed
ELIGIBILITY	= Level 1

- 1 This meet will be open to Clubs(3R+A), Swim Schools(AL), and Schools(SS).
- 2 Level 1 Club-, Swim Schools- & Schools swimmers need to be registered on the WCA database.
- 3 All swimmers that do not yet have a Level 2 qualifying time may compete.
- 4 Swimmers **9 years and under** who have achieved Level 2 QTs may choose to participate at the CTA QUALIFYING MEETS as a Level 2 swimmer or CTA JUNIOR SERIES.
- 5 Times from **May 2025** that are on the database may be used.
- 6 Swimmers will compete in the age group they fall under on the first day of the gala.
- 7 **WATERPOLO PLAYERS** - all ages may compete with a NT, but must be registered on the WCA database.
- 8 Depending on the number of entries received, sessions may be combined.
- 9 WITHDRAWALS
 - All scratchings are to be done using the provided Google link. Officials cannot be scratched on the link replacement must be given by his/her club.
 - Only coaches and team managers are allowed at the table.

CTA A CHAMPS (LEVEL 3 & up)

MEET WILL BE SWUM = Timed finals, slow to fast

NO TIMES = NOT Allowed

CUSTOM TIMES = NOT Allowed

PROGRAM USED CTA SANJ + = SSA SANJ

- 1 Swimmers that are **fully registered** and have Level 3 and up QTs on the WCA database may compete at this meet.
- 2 Swimmers **10 years and under** who have achieved QTs may choose to participate at the CTA A CHAMPS or CTA B CHAMPS (not both).
- 3 **Swimmers 11&u with SANJ QT's may compete in the Level 3 session. Please note that should swimmer choose to swim down, he/she MUST compete ONLY in the Level 3 session.**
- 4 1500 / 800 Free
 - All swimmers must complete the full event as entered. **Requests for split times will not be allowed.**
- 5 Events for Para swimmers – Any Para swimmer may compete at the CTA A CHAMPIONSHIP. There are no QT's, but swimmers must have times on the WCA database. All Para swimmers will compete in the SANJ+ sessions.
- 6 In relay events, swimmers may swim up an age group but may compete in only one age group.
- 7 Only 1 relay team per event.
- 9 No out of district swimmers may participate at this championship.
- 10 There will be trophies
 - Top World Aquatics Junior Male & Female
 - Top World Aquatics Senior Male & Female
- 11 Please note that the swimmers age is at the first day of the competition.
- 12 Swimmers may enter the events that they have qualified in, plus 3 additional non-qualifying events, provided they have times on the WCA database.
- 13 Times from **May 2025** that are on the database may be used.
- 14 MEDALS will be awarded to the 1st three swimmers in each age group event per level category.
- 15 MEDALS for the Para Swimmers will be awarded to the 1st three swimmers in accordance to their classification.
 - 14&U Multi-Disability
 - (S1-13)
 - (S14-S15)
 - 15&O Multi-Disability
 - (S1-13)
 - (S14-S15)
- 16 Depending on the amount of entries received, sessions may be combined.
- 17 **This meet is an selection meet for the Inter District Prestige Champs in January 2027.**
- 18 WITHDRAWALS
 - Should a swimmer scratch from any event due to illness but can swim the next events must provide the admin referee with a medical certificate for the scratched event.
 - All scratchings are to be done using the provided Google link. Officials cannot be scratched on the link replacement must be given by his/her club.
 - Only coaches and team managers are allowed at the table.

CTA B CHAMPS (LEVEL 2 and down)

MEET WILL BE SWUM = Timed finals, slow to fast

NO TIMES = NOT Allowed

CUSTOM TIMES = NOT Allowed

PROGRAM USED CTA LEVEL 2 = SSA LEVEL 2

- 1 This meet will be open to Clubs(3R+A) swimmers
- 4 All swimmers that do not yet have a Level 3 qualifying time may compete.
- 3 Times from **May 2025** that are on the database may be used.
- 4 MEDALS will be awarded to the 1st three swimmers in each age group event.
- 5 Only 1 Relay Team per event.
- 6 No out of district swimmers may participate at this championship.
- 7 There will be trophies
 - Top World Aquatics Junior Male & Female
 - Top World Aquatics Senior Male & Female
- 8 Please note that the swimmers age is at the first day of the competition.
- 9 Level 2 = Swimmers may enter the events that they have qualified in, plus additional 3 non-qualifying events, provided they have times on the WCA database.
- 10 Level 1 = Swimmers may enter the events that they have times on the WCA database.
- 11 Depending on the number of entries received, sessions may be combined.
- 12 **This meet is an selection meet for the Inter District Prestige Champs in January 2027.**
- 13 **WITHDRAWALS**
 - Should a swimmer scratch from any event due to illness but can swim the next events must provide the admin referee with a medical certificate for the scratched event.
 - All scratchings are to be done using the provided Google link. Officials cannot be scratched on the link replacement must be given by his/her club.
 - Only coaches and team managers are allowed to do scratchings.

CTA WENDY WAY JUNIOR LEVEL CHAMPS

MEET WILL BE SWUM = Timed finals, slow to fast

NO TIMES = NOT Allowed

CUSTOM TIMES = NOT Allowed

PROGRAM USED = SSA LEVEL 1

- 1 This meet will be open to Clubs(3R+A) swimmers.
- 2 Club swimmers need to be registered on the WCA database.
- 3 All swimmers that do not yet have a Level 2 qualifying time may compete.
- 4 MEDALS will be awarded to the 1st three swimmers in each age group event.
- 5 Only 1 Relay Team per event.
- 6 No other out of district swimmers may participate at this championship.
- 8 Please note that the swimmers age is at the first day of the competition.
- 9 Depending on the number of entries received, sessions may be combined.
- 10 **WITHDRAWALS**
 - Should a swimmer scratch from any event due to illness but can swim the next events must provide the admin referee with a medical certificate for the scratched event.
 - All scratchings are to be done using the provided Google link. Officials cannot be scratched on the link replacement must be given by his/her club.
 - Only coaches and team managers are allowed to do scratchings.

FEE STRUCTURES			
	Surcharge	Entry fee per event	Entry fee per relay
CTA QUALIFYING MEETS	R55	R30	
CTA JUNIOR SERIES	R55	R30	
CTA JUNIOR CHAMPS (WW)	R55	R30	
CTA A CHAMPIONSHIPS	R100	R70	R50
CTA B CHAMPIONSHIPS	R100	R70	R100
Clubs participating at out of	As per district	As per district	All entries & payments to CTA
COMMUNICATION PROTOCOL			

- The clubs form the hub of the communication system in CAPE TOWN AQUATICS and they should take more and more responsibility for the maintenance of times, records and details of their members.
- They are also the prime avenue of communication to their members.
- The communication should be routed as follows:**

Member	to	Coach/Club Committee
Coach/Club Committee	to	CTA Swimboard
CTA Swimboard	to	CTA Executive
CTA Swimboard	to	District Boards
CTA Swimboard	to	WCA Technical Committee
WCA Technical Committee	to	WCA Executive
WCA Technical Committee	to	Swimming South Africa
Swimming South Africa	to	World Aquatics
- Any club or individual found to be communicating directly with SSA and WCA, without first following the route above, will face disciplinary action from CAPE TOWN AQUATICS. No exceptions will be tolerated.**

CLEARANCES
1 Club to Club Swimmers who wish to change clubs MUST submit the following documents via their NEW club for Mrs Elna Cecil to amend the CTA/WCA TM DATABASE; - Clearance letter from their old club stating that swimmer is in good standing and mention the name of the new club that the swimmer is joining. - Proof of payment of the clearance fee
2 District to District Swimmers who wish to change districts MUST submit the following documents via their NEW club for Mrs Elna Cecil to amend the CTA/WCA TM DATABASE; - Clearance letter from their old club stating that swimmer is in good standing and mention the name of the new club that the swimmer is joining - Clearance letter from the old District - Proof of payment of the clearance fee - Proof of residency/school
3 Province to Province Swimmers relocating from other Provinces MUST submit the following documents for Mrs Elna Cecil to add to the CTA/WCA TM DATABASE; - TM result zip file - Clearance application - Clearance letter of previous Province

4 Out of Province Competing

Any swimmer wishing to compete or train out of the Province **MUST** obtain a clearance certificate to do so. This should be applied for together with entries via the club to the CTA SWIMBOARD CONVENOR.

5 Country to Country

- Swimmers leaving the country for competition or training will need clearance from SWIMMING SOUTH AFRICA. Request for clearance should be done 8 weeks in advance, also via the club, through the CTA Swimboard Convenor. Clearance request must state the period the swimmer will be out of country, the club/university(address) they will be joining.
- Swimmers based overseas must apply for clearance at the beginning of each new season and must be registered with CTA beforehand.
 - Results for overseas-based swimmers, or swimmers competing overseas:
 - All results from overseas competitions must be with CTA/WCA within 3 weeks of the date of the meet. There will be no exceptions to this rule.
 - For results to be entered into the CTA, WCA and SSA databases, swimmers must submit their results via their local club no later than 2 weeks after the date of the meet.
 - It is the clubs duty to make sure that CTA/WCA receives the results of the overseas swimmers (zipfile aswell as pdf, etc.)
 - At the same time, applications for recognition of possible SA records must also include officials results from the overseas meet, signed by the Referee.
 - These results must be submitted as follow;
 - Result sheet of swimmer signed by the referee of the meet.
 - Link where results show to verify if true.

ENTRIES ADMINISTRATION PROCEDURES - CTA MEETS

1 Entries due:

@9am the Tuesday morning, 12 days prior to the meet start date (should the meet be on a Sunday the amount of days will be 13)

- Club gala entries to be submitted to swimboard@ctmaquatics.co.za and copy in treasurer@ctmaquatics.co.za and swimboardjl@gmail.com

The following are due:

- ➡ **Entry zip file**
- ➡ **Pdf entries report**
- ➡ **Pdf entry fee report**
- ➡ **Officials list**

@ 9am the Thursday morning, 9 days prior to the meet start date (should the meet be on a Thursday the amount of days will be 10)

- 1st set of reports for checking to be sent out to clubs

@ 9am on the Monday morning 5 days prior to the meet start date (should the meet be on a Monday the amount of days will be 11)

- Clubs to submit their omissions, scratchings and/or changes

@ 9am on the Tuesday morning, 4 days prior to the meet start date (should the meet be on a Tuesday the amount of days will be 5)

- 2nd set of reports to be sent out to clubs
- Clubs will be invoiced & liable for fees as per entries on 2nd set of reports
- Any additional entries received after 2nd set of reports have been sent out will be charged @ 10x the original entry**

fees.

@ 9am on the Thursday morning, 2 days prior to the start date (should the meet be on a Thursday the amount of days will be 3)

- Final set of reports to be sent out to clubs
- Meet backup to be sent to Elna
- **Any additional scratchings to be done on pool deck**
- All proof of payments to be submitted to treasurer@ctmaquatics.co.za

ENTRIES ADMINISTRATION PROCEDURES - OUT OF DISTRICT/OUT OF PROVINCE MEETS

1 Entries due:

- **CTA CLUBS WILL NOT BE RESTRICTED TO THE AMOUNT OF OUT OF DISTRICT MEETS TO PARTICIPATE AT, 'HOWEVER SHOULD ANY DATES CLASH WITH A CTA MEET, CTA CLUBS MUST PARTICIPATE AT THE CTA MEET 'AND NOT THE OUT OF DISTRICT MEET.**
- Entries due date will be circulated by the CTA SWIMBOARD CONVENOR via email together with gala info. 'Please note that the ENTRIES DUE DATES on TM are not applicable to CTA CLUBS, that date is for 'CTA SWIMBOARD to submit to the OUT OF DISTRICT/PROVINCE SWIMBOARD CONVENOR. Any entries 'received after this date will be treated as late and charged accordingly.
 - Club gala entries to be submitted to swimboard@ctmaquatics.co.za and copy in treasurer@ctmaquatics.co.za and swimboardjl@gmail.com
 - The same rule will apply for SSA gala's, as well as the order for merchandise.

The following are due:

 - ➔ Entry zip file
 - ➔ Pdf entries report
 - ➔ Pdf entry fee report
 - ➔ Officials list (**entries will NOT be processed unless this document is received**)
 - Please follow the communication protocol by not contacting or sending your entries directly to the out-of-district/province swimboards. Fines will be issued when in breach of this protocol.
 - CTA treasurer will invoice clubs - All proof of payments to be submitted to treasurer@ctmaquatics.co.za

OFFICIALS

- 1 Clubs are requested to submit a list of officials, in accordance to SSA guidelines on the attached list. The officials list must accompany the entries.
- 2 Officials must be registered. Probation officials will be allowed, except for championship meets
- 3 All Officials must be dressed correctly: white shirt, navy trousers / skirt and white shoes.
- 4 If an official is unable to do their duty, it is the responsibility of that club to provide a replacement.

REGISTRATIONS

Please refer to the 2026/2027 SEASON registration rules document.

TIMESTANDARDS

- 1 SSA time standards will be used for all CTA meets.
- 2 SSA QT Level 2 = CTA QT Level 2
- 3 SSA QT Level 3 = CTA QT Level 3
- 4 SSA QT Level SANJ = CTA QT Level SANJ
- 5 CTA Qualifying Meets = CTA Level 2+ time standards.
- 6 CTA Junior Series = CTA Level 1

GUIDELINES FOR PARA SWIMMERS

- 1 Month-to-month Meets : Para swimmers to compete at the CTA Qualifying Meets.
- 2 Champs : Para swimmers to compete at the CTA A Champs in the SANJ+ session.

GENERAL SWIMMING RULES

- 1 FINA TECHNICAL RULES will apply to all CTA competitions.
- 2 All CTA Junior Series will be swum 11&u and 12&o.
- 3 All CTA Qualifying Meets will be swum 13&u and 14&o.
- 4 All swimmers to wear club caps at all galas, this includes the warmups as well.
- 5 **No equipment to be used during warmups at any of the CTA galas.**

GALA ETIQUETTE

- 1 Only qualified & registered Level 1(C1) and above coaches as well as Apprentice Coaches will be allowed on pool deck.
- 2 **Registered LTS & Apprentice LTS instructors will ONLY be allowed on pool deck at the CTA JUNIOR SERIES Level 0 sessions.**
- 3 Should a club's registered coach not be available to be at a session, the club will be allowed to have a team manager.
- 4 Team Managers are NOT allowed on pool deck, this means that they are NOT ALLOWED to warm-up the swimmers.
- 5 Should your club want your swimmers to be warmed up, it will be the club's responsibility to arrange with another club's coach to do so.
- 6 Team Managers & Coaches are allowed to approach the admin table.
- 7 **No parent or swimmer may approach the admin table.**